Amy DiNoble, Ph.D.
Licensed Psychologist PSY24990
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Core Competencies: Clinical experience providing psychotherapy to individuals, adolescents, families, couples and groups experiencing a variety of mental health and relational issues. Expertise in the clinical application of attachment theory, interpersonal neurobiology and somatic practices. Providing comprehensive developmental and attachment-based assessments to promote infant/child-parent mental health. Teaching at the undergraduate and graduate level with an emphasis on the integration and application of academic knowledge in the clinical domain. Supervising Marriage and Family Therapy and Psychology interns accruing experience for professional licensure.

EDUCATION

- 2009- Ph.D. in Clinical Psychology, *California Graduate Institute at The Chicago School of Professional Psychology*, Westwood, CA

- 2002- Bachelor of Science in Psychobiology with a minor in Neuroscience, *University of California at Los Angeles,* Westwood, CA

TRAINING

Carol George, Ph.D. Consultation Group

- June 2024-present
  Consultation group presents and discusses AAP coding and application of the AAP assessment to clinical work.

Carol George, Ph.D. Attachment Doll Play Assessment

- August 2025
  Attachment Doll Play Assessment administration, coding and classification seminar

Carol George, Ph.D. Adult Attachment Projective Picture System Training

- April-May 2024
  Adult Attachment Projective Picture System Coding and Classification Seminar

University of California Davis Continuing & Professional Education Napa Parent-Infant & Child Mental Health Fellowship

- January 2023-April 2024
  Interdisciplinary intensive training aimed at assessment and promotion of infant/child and parent mental health. Topics included: Attachment, neurobiology, Touchpoints, caring for infants with special needs, trauma and intergeneration/racial trauma, Polyvagal Theory and maternal mental health. Training included administration and application of the Neurosequential Model of Therapeutics (NMT), Parent-Child Interaction Infant Feeding Scale, Newborn Behavioral Assessment and Reflective Supervision.

Circle of Security International

- August 2021
  Circle of Security Facilitator training.

Allan Schore, Ph.D. Study Group

- April 2014- October 2015
  Review of current literature related to interpersonal neurobiology, psychology, neuroscience, and psychoanalysis.

Reiss-Davis Child Study Center

- September 2010-August 2012- Post-Doctoral Fellow
  Fellowship includes training in and administration of psycho-educational diagnostic testing for children and adolescents. Testing includes full battery of assessments as well as Autism Spectrum Disorders.

American Association for Couples and Sex Therapists

- January 2010-December 2012
  Certificate training in couples and sex therapy. Training includes educational component of issues and topic regarding couples and sex therapy and didactic training with case presentation.

Psychological Assistant in Private Practice

- 2009, June-May, 2012 – Psychological Assistant to Rebecca Staton, Ph.D. Responsibilities include providing psychotherapy to adolescents, adults and families. Duties also include case management, assessing clients' needs in therapy and devising treatment plans appropriate for each individual.

California Graduate Institute Counseling Center

- 2009, January- June - Post-doctoral intern. Internship duties included; conducting individual, couples and family therapy as well as formulating treatment plans. Assessment of patients for treatment at the clinic. Leading intern meetings and addressing intern's concerns at the clinic.
- 2007-2009- Administrative Assistant and Head Mentor at the California Graduate Institute Counseling Center. Duties include assigning cases to therapists under supervision of directors of the clinic, providing guidance to interns and training new interns.
- 2005-2008- Pre-doctoral internship at the California Graduate Institute Counseling Center.

Mindsight Institute

- 2006 – 2011 **-** Attended monthly Interpersonal Neurobiology Seminars led by Daniel Siegel, M.D.

Certificates

- 2024-Newborn Behavioral Observations system training-The Brazelton Institute
- 2023-Parent-Child Interaction (PCI) Feeding Scale: University of Washington,

Parent-Child Relationship Programs at the Barnard Center; training February 3-5, 2023; Certified reliable by the UW PCR Programs

- 2020-Certificate Program in Perinatal Mental Health
- 2020-Certified Clinical Anxiety Treatment Professional
- 2020-Certified Clinical Telehealth Professional
- 2020-Certified Clinical Trauma Professional
- 2012-Certified Couples and Sex Therapist
- 2012-Certified in Psychoeducational Evaluation

Courses

Mindsight Institute/ Dan Siegel, M.D.

- 2022-The Mindsight Approach to Well-Being: A Comprehensive Course in Interpersonal Neurobiology
- 2022-Transforming Anxiety and Stress by Integrating the Embodied Brain
- 2022-Brainstorm Intensive: A practical understanding for keeping the adolescent brain in mind
- 2021-Attachment and Interpersonal Neurobiology in Couples Therapy

Conferences

- May 2026 – 37th Annual International Trauma Conference
- May 2025 – 36th Annual International Trauma Conference
- May 2024-35th Annual International Trauma Conference: Psychological Trauma: Neuroscience, Embodiment, and the Restoration of Self
- May 2023- 34th Annual International Trauma Conference: Psychological Trauma: Neuroscience, Embodiment, and the Restoration of Self
- May 2022-33rd Annual International Trauma Conference: Psychological Trauma: Neuroscience, Embodiment, and the Restoration of Self
- January 2020-Trauma Conference: The Body Keeps the Score with Bessel van der Kolk, MD
- January 2020-Suicide Assessment Treatment and Management
- February 2020- Cultural and Historical Traumas: Invisible Barriers to Healing and Change
- February 2020- Treating Trauma Clients at the Edge: How Brain Science Can Inform Interventions
- November 2019- Couples Therapy for Treating Trauma: The Gottman Method Approach
- November 2019- The Essentials of Effective Trauma Treatment: How to Go Beyond Technique
- November 2019- Mastering the Craft of Treating Trauma: Four Core Skills
- April 2019-Annual IPNB Conference: Timeless Wisdom, Timely Action
- March 2018- Annual IPNB Conference: Relationships and the Health Promoting Power of Connection Across the Lifespan
- March 2017- Annual IPNB Conference: Mind, Consciousness and the Cultivation of Well-Being
- March 2016- Annual IPNB Conference: The Cultural Lens in Psychotherapy

- March 2015- Annual IPNB Conference: Play, Creativity, Mindfulness and Neuroscience in Psychotherapy
- March 2014- Annual IPNB Conference: Affect Regulation: Healing of the Self
- March 2013- Annual IPNB Conference: How People Change: Relationships and Neuroplasticity in Psychotherapy
- November 2012- Anatomy of Intimacy: Infidelity-Beyond Trauma to Transformation
- October 2012-5th FPR UCLA Interdisciplinary Conference: Culture, Mind and Brain
- March 2012- Annual Attachment/Interpersonal Neurobiology Conference: Toward a New Psychology of Interpersonal Relationships
- November 2011- Mindfulness, Healing and The Neurobiology of Love
- March 2011- 10th Annual Attachment Conference: Healing Trauma
- December 2010- Adult Attachment Interpersonal Neurobiology and Psychotherapy Conference
- March 2009- Current Approaches to Treatment of Trauma: The Shift From Cognitive To Affect Regulation, EMDR, Sensorimotor And Other Research Based Treatments
- March 2008- Adult Attachment in Clinical Context: Applications of the Adult Attachment Interview
- October 2007-Mindfulness and Psychotherapy Conference: Cultivating Well-Being in the Present Moment
- March 2007- Seven Dimensions of Emotion: Integrating Biological, Clinical, and Cultural Perspectives on Fear, Disgust, Empathy, Grief, Anger, Love and Hope
- March 2007- The Healing Power of Emotion: Integrating Relationships, Body and Mind

University of California Los Angeles

- 2002 - 2003- Research Assistant in the Psychology Department at the University of California at Los Angeles, Childhood Anxiety Clinic under the direction of Jeff Wood, Ph.D.
- 2000-2002 - Undergraduate work included two years of laboratory experience in the psychology lab under the supervision of Nancy Woolf, Ph.D., and neuroscience lab under the supervision Michael Levine, Ph.D.
- 2000-2002 - Care Extender Program at Santa Monica-UCLA hospital. Program entailed a series of four-month rotations through various departments including labor and delivery, neonatal intensive care unit, and the emergency room. Duties included assisting nurses, shadowing residents, and communicating with patients.

APPOINTMENTS

- 2025-Infant-Family Mental Health Specialist Endorsement by the California Center for Infant-Family and Early Childhood Mental Health
- 2024-Present- Faculty at Reiss-Davis Child Study Center Fellowship Program
- 2018- 2019- Clinical Supervisor at The Chicago School of Professional Psychology Counseling Center
- 2015-2018- Faculty at Ryokan College
- 2011-2022 - Director of Research, Clinical Applications, *American Association for Couples and Sex Therapists* (AACAST).

- 2011- present- Advisory Board Member, *Lifespan Learning Institute*.

GUEST LECTURER

- 2025- present – Community Preschools
- 2023-Valley View Elementary School
- 2020-present-The Center for Connection
- 2014- UCLA Psychology Department
- 2012- University of Southern California School of Social Work
- 2012- Hawthorne Elementary School
- 2010- present- American Association for Couples and Sex Therapists

BOOK CITATIONS

- Siegel, D.J. & Gottman, M. (2015) An Interpersonal Neurobiology Approach to Developmental Trauma: The Possible Role of Mindful Awareness in Treatment. In Follette, V.M., Briere, J., Rozelle, D., Hopper, J.W. & Rome, D.I. (Eds.), *Mindfulness-Oriented Interventions for Trauma: Integrating Contemplative Practices*, New York, New York: Guildford Press.
- Siegel, D.J. (2012; 2020) *The Developing Mind, Second Edition: How Relationships and the Brain Interact to Shape Who We Are*. New York: Guilford Publications.
- Siegel, D.J., Siegel, M.W. & Parker, S.C. (2012) Internal education and the roots of resilience: Relationships and reflections as the new R's of education. *Garrison Institute's CARE Program Curriculum.*
- Siegel, D.J. (2010) *The Mindful Therapist: A Clinicians Guide to Mindsight and Neural Integration*. New York: W.W. Norton & Company, Inc.

PROFESSIONAL AFFILIATIONS

- American Association for Couples and Sex Therapists (AACAST)
- American Psychological Association (APA)
- Society for Personality Assessment (SPA)

EMPLOYMENT

- September 2024-present- Faculty at Reiss-Davis Child Study Center Fellowship Program
- September 2020-present-Licensed Psychologist at The Center for Connection
- March 2018- 2019- Clinical Supervisor at The Chicago School of Professional Psychology Counseling Center
- February 2015-2018- Faculty at Ryokan College
- June 2012-Present- Amy DiNoble, Ph.D., Clinical Psychologist in Private Practice
- June 2009-May 2012- Psychological Assistant at Rebecca Staton, Ph.D.
- June 2006- June 2009- Intern at The California Graduate Institute Counseling Center

REFERENCES

Tina Payne Bryson, Ph.D. Licensed Clinical Social Worker
Georgie Wisen-Vincent, Licensed Marriage and Family Therapist
Rebecca Staton, Ph.D., Licensed Psychologist
Jens Schmidt, Ph.D., Licensed Psychologist
Joan Browner, Ph.D., Licensed Psychologist

Phone numbers available upon request.